2012 HCBS LEARNING SYMPOSIUM: LIFESPAN RESPITE PROGRAM MEETING

2012 National HCBS Conference
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CONVENORS:

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Agenda

- Welcome and Introductions – All
- Strategies for Ensuring Sustainability – Jill
- Performance Measurement/Data Collection – Greg
- Program Status & Looking Ahead – Greg/Jill
- Open Discussion – All
WELCOME AND INTRODUCTIONS
Introductions

- Name
- State
- Grant Year
- Key Accomplishment
- Key Challenge
STRATEGIES FOR ENSURING SUSTAINABILITY
Webinar Part I: Introduction to a Framework for Sustainability Planning

• Provided a framework that grantees and their partners can use to design sustainability plans.

• Help grantees and their partners consider how to benchmark their progress toward sustainability.

• Provide tools to support the development of a strategic financing plan.
Pillars of Lifespan Respite

- Coordination
- Collaboration
- Funding Streams and Partnerships as Building Blocks
Federal Funding and Support Opportunities for Respite

• Identified over 60 federal programs to:
  ▶ help families pay for respite
  ▶ help states build respite capacity
  ▶ support training and infrastructure

• Potential Funding Sources

• Blueprint for identifying potential partners
Outside the Box” Respite Funding

- Child Health Insurance Program
- Community Development Block Grant
- Social Services Block Grant
- Senior Companion Program
- Community-Based Child Abuse Prevention
- Money Follows the Person
Not Just about Federal Funding…or even Just about Funding

Money…
- Private Foundations and Corporate Funding
- State Funding
- Fundraising

Other Resources….
- In-Kind Support
- Sharing Respite provider lists, training curricula, recruitment tools
- Sharing staff
- Reducing administrative burdens
Questions

Lifespan Respite Sustainability
Your Lifespan Respite Program

• Can you briefly describe your state’s Lifespan Respite infrastructure or coordinated system?
• How does it differ from other initiatives that focus on caregiving in your state?
• How does it complement those initiatives?
• What exactly are you trying to sustain?
Sustainability Plan

• Has your state developed a sustainability plan?

• If so, what are the major plan components and strategies?
Partnerships

- Who are your partners?

- What are your partners contributing to your Lifespan Respite program in terms of existing resources, expertise, time or money?
Funding

• Do you know how much it will cost and what resources you need:
  □ to support your state Lifespan infrastructure?
  □ to develop new services or pay for respite?
  □ for provider training and recruitment?

• What federal, state or private funding sources have you used or do you plan to use for these initiatives?
PERFORMANCE MEASUREMENT & DATA COLLECTION
Lifespan Respite Data Workgroup - Goals
- High level recommendations for data and performance
- Develop some level of uniformity
- Inform ACL/AoA’s development of a performance measurement/outcomes framework

Products:
- Fact Sheet/White Paper
- Data Collection Package for OMB approval

Guiding Principles
- Organic in nature
- Collaborative
- Consensus
Performance vs. Evaluation

**Performance Measurement**
- Goal related reporting of accomplishments
- May reflect process, outputs, or outcomes
- Is the program doing what it is supposed to do?
- Supports decision making and resource allocation
- Ongoing management tool

**Evaluation**
- Ad Hoc/Periodic
- Uses experts external to the program
- Focus on program achievement of objectives
- Looks at the broader context of program implementation
Lifespan Respite Act - Purpose

- Expand and enhance respite services
- Improve dissemination and coordination of service
- Provide, supplement or improve access and quality of respite services
## Systems vs. Consumers

### Systems Measures
- Public Awareness
- Referral Mechanisms
- Waiting Lists
- Service Gaps
- Volunteer/Paid Providers
- Coordination
- Out-of-Home placement

### Consumer Measures
- Care Recipient Information
- Population Measures
- Service Definitions
- Service Use (freq/dosage)
- Participant Direction
- Perceived Quality of Life
- Consumer Expectations
Systems Development Measures

- Referral Mechanisms & Pathways
- Achievement of a Lifespan Approach
- Available Respite Options
- Reduction in Placement
- Cost savings

Are these on track?
Key Indicators and Domains?
What are we missing?
Consumer Measures

- Demographics (Caregivers & Care Recipients)
- Service Use (Units, Type, Duration, Use)
- Consumer Outcomes (Stress Reduction, Health)

Are these on track?
Key Indicators and Domains?
What are we missing?
PROGRAM STATUS
FUTURE DIRECTIONS
Four Years of Progress

- Competitive Grants to States 2009 - 2012
  - 30 States and DC
  - Three-year projects

- TA Resource Center (2009 & 2012)

- FY 2011 & 2012 Expansion Grants

- For FY 2012
  - New State
  - Integration & Sustainability Grants
  - Expansion Grants
  - New TA Resource Center
Lifespan Respite States

2009 Lifespan Respite States (🌟 = 2012 Integration Grants)
2010 Lifespan Respite States
2011 Lifespan Respite States
2012 Lifespan Respite States

2012 HCBS Learning Symposium 9/10/2012
Innovations & Promising Practices

- Environmental Scans/Needs Assessments
  - Basis for future legislation/funding
  - State Respite and Strategic Planning

- Marketing and Outreach Campaigns
  - Just One More (NC)
  - Give Caregivers a Hand (AZ)

- Volunteer Programs
  - Time Banks Model
  - Faith-based
Innovations and Promising Practices

- **Respite Voucher & Service Delivery Models**
  - Establishment of new voucher programs
  - Mobile respite
  - Respite Events

- **Mini-Grant Programs**
  - Seed money
  - Local focus
Lessons Learned

- It takes time....
- Build on model approaches
- Partnerships are essential
- Flexibility is key
- Focus on Sustainability
- Provide Support and Technical Assistance
- Performance measurement from day one
Looking Ahead - Nationally

- Reauthorization
- FY 2013 Appropriations (and beyond)
- Ongoing Program Development & Refinement
  - Infrastructure development
  - Focus on service provision
  - Data collection
  - Performance measurement
  - Sustainability
  - Technical assistance
What Next?

- What challenges do you see on the horizon? How can we help?
- Where would you like to see ACL/AoA move with respect to how the program is implemented?
- What TA needs do you currently have? Foresee?
OPEN DISCUSSION
Open Discussion & Dialogue

- Maximizing Expansion Funds
- Partnering Opportunities
- Current Reporting Requirements
- Making the most of Environmental Scans
- Other Burning Issues
Contact Us

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